


YMCA Large Pool Schedule

Begins March 24th, 2019

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Hours	
5:30am	 <p>FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY</p> <p>Lap Swim 5:30-9:00 am</p> <p><i>Lane 1 for Aqua-jogging or very slow swimmers please</i></p>					YMCA Closed	YMCA Closed	5:30am	
7:00am						Lap Swim 7:00 am- 8:55 am			7:00am
8:00am									8:00am
9:00am	Aqua Zumba (5)* Lap Swim (1)* 9:15-10:15 am	Dig Deep (4)* Lap Swim (2)* 9:15-10:00 am	Aqua Combo (4)* Lap Swim (2)* 9:05-10:05 am	Tethered (4)* Lap Swim (2)* 9:15-10:00 am	Aqua Combo (5)* Lap Swim (1)* 9:05-10:05 am	Lessons ONLY 9:00 am-12:00 pm	Lap Swim (4) Open Swim (2) 9:00 -10:00 am	9:00am	
9:30am								9:30am	
10:00am	Lap Swim (4) Open Swim/Exercise (2) 10:15-11:00 am	Gentle Water (3) Lap Swim (3) 10:00-11:00 am	Lap Swim (4) Open Swim/Exercise (2) 10:05-11:00 am	Gentle Water (3) Lap Swim (3) 10:00-11:00 am	Lap Swim (4) Open Swim/Exercise (2) 10:05-11:00 am	Lap Swim (5) Private Lessons** (1) 12:00-2:00 pm	Lap Swim (4) Open Swim (1) Private lessons** (1) 10:00 am-12:00 pm	10:00am	
11:00am								11:00am	
12:00pm	Lap Swim (6) 11:00 am-2:30pm	Lap Swim (6) 11:00 am-2:30pm	Lap Swim (6) 11:00 am-2:30pm <i>[Lesson in lanes 1/2 1:00-1:30]</i>	Lap Swim (6) 11:00 am-2:30pm <i>[Homeschool swim 2 lanes 11:30-12:30]</i>	Lap Swim (6) 11:00 am-2:30pm	Lap Swim (4) Open Swim (2) 12:00-2:00 pm	Lap Swim (4) Open Swim (2) 12:00-2:00 pm	12:00pm	
2:00pm								Lap Swim (4) SAW PROGRM ONLY (2) 2:00-2:55 pm	2:00pm
2:30pm	Lap Swim (4) 2:30-3:40 pm Therapy (2) 2:30-3:30 pm	Lap Swim (4) Open Swim (2) 2:30-3:40pm	Lap Swim (4) 2:30-3:40 pm Therapy (2) 2:30-3:30 pm	Lap Swim (4) Open Swim (2) 2:30-3:40pm	Lap Swim (4) Open Swim (2) 2:30-3:40pm	Lap Swim (4) Open Swim (2) 2:00-4:00 pm		2:30pm	
3:00pm									3:00pm
3:30pm								3:30pm	
3:45pm	Lessons ONLY 3:45-5:00 pm	Lessons ONLY 3:45-5:00 pm	Lessons ONLY 3:45-5:15 pm	Lessons ONLY 3:45-5:15 pm	Lessons & S.A.C.C. Swim ONLY 3:45-4:45	Lap Swim (4) Open/Comm. Swim (2) 4:00-5:00 pm	Lessons ONLY 3:00-6:00 pm	4:00pm	
5:00pm	Lessons (4) Lap Swim (2) 5:00-5:30 pm	Lessons (4) Lap Swim (2) 5:00-5:30 pm	Lap Swim (6) 5:15-5:30 pm	Lap Swim (6) 5:15-5:30 pm	Lessons (4) Lap Swim (2) 5:00-5:30 pm				5:00pm
5:30pm	Private Lessons** (1) Lap Swim (5) 5:30-6:30 pm					Lap Swim (4) Open Swim (2) 5:00-6:45 pm	Pool Closes at 6:00 pm	5:30pm	
6:00pm									6:00pm
6:30pm	Barracudas ONLY 6:30-7:30 pm	Aqua Zumba (4) Open Swim (2) 6:30-7:30 pm	Barracudas ONLY 6:30-7:30 pm	Private Lessons**(1) Lap Swim (2) Special Olympics (4) [Begins 3/14] 6:30-8:00 pm	Private Lessons**(1) Lap Swim (5) 6:30-7:00	Pool closes @ 6:45		6:30pm	
6:45pm									
7:00pm					Adult lessons ONLY 7:00-8:00 pm	YMCA Closed		7:00pm	
7:30pm	Masters ONLY 7:30-8:45 pm		Masters ONLY 7:30-8:45pm	Pool Closes @ 8:00 pm				7:30pm	
8:00 pm		Pool Closes at 8:00 pm						8:00pm	
8:45pm	Pool Closed							8:45pm	
9:00pm	YMCA Closed						9:00pm		

(#): Indicates how many lanes available during multiple activities. *Lane assignments are subject to change based on usage and guards' discretion*

All private lessons take place in lane 6. No lap swimming in lane 6 during private swim lessons

EFFECTIVE 2/25/19—FOR SAFETY REASONS, ALL OPEN SWIM WILL TAKE PLACE IN LANES 5/6

Please note that on days school is not in session our full day S.A.C.C. program has use of the small pool and two lanes in the large pool from 2:00-3:00 pm

YMCA Small Pool Schedule

Begins March 24th, 2019

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Hours
5:30am	Pool Closed 5:30-10:00 am					YMCA Closed		5:30am
9:00am						Lessons ONLY 9:00 am- 12:00 pm		Open Swim 9:00 am-1:00 pm
10:00am	Open Swim 10:00 am - 1:00 pm	Open Swim 10:00 am - 1:00 pm	Levels A & B classes ONLY 10:00-11:00 am	Open Swim 10:00 am - 1:00 pm	Open Swim 10:00 am - 1:00 pm	Open Swim 12:00 pm-1:00 pm	Open Swim 12:00 pm-1:00 pm	10:00am
10:30am			11:00am					
11:00am			11:45am					
11:30am			12:00pm					
12:00pm			1:00pm					
1:00pm	Pool Closed 1:00-3:00 pm					Birthday Parties** 1:00 pm- 3:00 pm	Birthday Parties** 1:00 pm -3:00 pm	1:00pm
2:00 pm	Open Swim 3:00-3:40pm					Open Swim 3:00-4:00pm	Lessons ONLY 3:00-6:00 pm	2:00pm
3:00pm								3:00pm
3:30pm	Lessons ONLY 3:45-5:30					Community Swim 4:00-5:00 pm Open Swim 4:00-6:45 pm	Pool Closes @ 6	3:30pm
4:00pm	Open Swim 5:30-7:00 pm	Open Swim 5:30-7:00 pm	Open Swim 5:30-7:00 pm	Supportive Swim Open Swim 6:00-7:00pm	Open Swim 5:30-7:00 pm			4:00pm
5:00pm								5:00pm
5:30pm	Pool Closes @ 7:00 pm					YMCA Closed		5:30pm
6:00pm	YMCA Closed					YMCA Closed		6:00pm
7:00pm								7:00pm
8:00pm	YMCA Closed					YMCA Closed		8:00pm
9:00pm								9:00pm

Definition of Terms

****Birthday Parties:** This time is reserved for birthday parties in the small pool. If no parties are scheduled, open swim will be available. Please call the front desk to check availability**

Lap Swim: Lap swim for all ages. Swimmers may be directed to specific lap lanes by the lifeguard based on ability to lap swim.

Open Swim: Recreational swim time for all members

Community Swim: During community swim, guests may swim at a rate of \$1 for children 17 years and younger and \$2 for adults.

Therapy: Therapy patients/members utilize the pool in collaboration with physical therapists in our community.

Lessons/Supportive Swim: The Y Aquatics Department offers swimming lessons for participants of all ages and abilities, from infant to adult. The pools will be closed during lesson time to any other activities. For more info on lessons, pick up a copy of the YMCA class descriptions at the Front Desk.

Private Lessons: For individuals of all ages: taught by top YMCA Swim Instructors. Times and rates are available at the Front Desk. All private lessons take place in Lane 6 of the large pool.

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