

YMCA LARGE POOL SCHEDULE

Summer Schedule Effective June 30-August 29, 2008

Hours	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00-7:30am	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap		
7:30-8:00am	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	
8:00-9:00am	Open Lap	Open Lap	Open Lap	Open Lap	Open Lap	Adult Lap	
9:00-10:00am	Aqua Fitness (5) Open Lap (1)	Aqua Fitness (4) Open Lap (2)	Aqua Fitness (5) Open Lap (1)	Aqua Fitness (4) Open Lap (2)	Aqua Fitness (5) Open Lap (1)	Lessons	
10:00-11:00am	Aqua Arthritic(4) Adult Lap (2)	Aqua Arthritic(4) Adult Lap (2)	Aqua Arthritic(4) Adult Lap (2)	Aqua Arthritic(4) Adult Lap (2)	Adult Lap (4) Family Swim (2)	Lessons	
11:00-12:00am	Adult Lap (4) Camp Swim (2)	Adult Lap (4) Family Swim (2)	Adult Lap (4) Camp Swim (2)	Adult Lap (4) Family Swim (2)	Adult Lap (4) Camp Swim (2)	Lessons	
12:00-1:00pm	Adult Lap (4) Therapy (2)	Adult Lap (4) Family Swim (2)	Adult Lap (4) Therapy (2)	Adult Lap (4) Family Swim (2)	Adult Lap (4) Family Swim (2)	Adult Lap	Adult Lap
1:00-2:00pm	Family Swim (2) Open Lap (2) Camp Swim (2)	Open Lap (4) Family Swim (2)	Family Swim (2) Open Lap (2) Camp Swim (2)	Open Lap (4) Family Swim (2)	Family Swim (2) Open Lap (2) Camp Swim (2)	Adult Lap	Adult Lap
2:00-3:00pm	Camp Swim (4) Lap Swim (2)	Camp Swim (4) Lap Swim (2)	Camp Swim (4) Lap Swim (2)	Camp Swim (4) Lap Swim (2)	Camp Swim (4) Lap Swim (2)	Open Lap (3) Family Swim (3)	Open Lap (3) Family Swim (3)
3:00-4:00pm	Lessons	Lessons	Lessons	Lessons	Lessons	Open Lap (3) Family Swim (3)	Open Lap (3) Family Swim (3)
4:00-5:00pm	Lessons	Lessons	Lessons	Lessons	Lessons	Open Lap (3) Family / Community Swim (3)	Lessons
5:00-5:45pm	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Open Lap(3) Family Swim (3)	Lessons
5:45-6:30pm	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Adult Lap	Open Lap (3) Family Swim (3)	Lessons (until 6:45pm)
6:30-7:45pm	Swim Team (4) Family Swim (2)	Aqua Fitness (4) Family Swim (2)	Swim Team (4) Family Swim (2)	Aqua Fitness (4) Family Swim (2)	Swim Team (4) Family Swim (2)	Closed at 6:45pm	
7:45pm	Closed	Closed	Closed	Closed	Closed	Closed	

The YMCA reserves the right to alter schedule and times when necessary.



We build strong kids, strong families, strong communities.

YMCA of Ithaca & Tompkins County
Graham Road West Ithaca, NY 14850
Phone: (607) 257-0101 FAX: (607) 257-5828
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www.ithacaymca.com

