



Preschool Classes

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

February 7 – March 10, 2012

Member sign-up January 23, non-member signups January 30.

Y Gym and Swim

Ages 3-5yrs

Tuesday 10:30-11:30am, Thursday 10:30-11:30am

Children should come in swim suits

Gym and Swim Class Description:

This class is for 3 to 5 year olds. First half of the class takes place in the gym exploring movement through games, songs and simple tumbling. The second part of the class takes place cooling off in the pool, exploring pool space and learning basic swimming skills (bubble blowing, walking, kicking from the side). Class limited to 8 participants. Register for one or two times a week. Instructor : Veronica

Fees: Y Members \$20 /one class a week for 5 weeks

Nonmembers: \$45. / one class a week for 5 weeks.



Y Swim Lessons

Ages 3-5 yrs

Eel ~ Tuesday and Thursday 11:40-12:10pm

Must have completed the Pike level or be comfortable and able to submerge head in large pool. Must be able to comfortably swim with just a bubble, and 5 feet without any floatation or assistance.

Instructor: Veronica

YMCA ZumbAtomic®

Saturday: Age 3-5 years

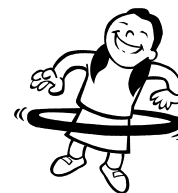
10:30 – 11:00am in the Wellness Classroom

Easy to follow, dance class for youth.

Learn merengue, salsa, hip hop, and more!!

Class is free to Y members.

Non-Member Fee \$45.00



Register at the Y Welcome Center .

YMCA of Ithaca and Tompkins County

Graham Rd. West, Ithaca NY 14850

607-257-0101

Www.ithacaymca.com